# Voice Over Script Practice Exercises

## Practice #1: Sentence Variety and Length

*This is currently 47 words in one sentence. Break it up into smaller sentences with variety in length.*

It is important for health care providers to screen, identify, and treat patients that may be at risk for an alcohol or substance use disorder because screening patients offers you a chance to identify problems early and possibly prevent a more serious alcohol use disorder from developing.

### Your version

## Practice # 2: Conversational Style

*Rewrite this in conversational style (first/second person, contractions, adding emphasis and pauses).*

Roll with resistance and avoid argument. Doctors do not have to agree with everything their patients say. Sometimes it is best to simply acknowledge what they are saying and feeling. One can try to reframe and reflect their resistance rather than pushing back against it. If one argues for change, patients will argue against it and probably be less likely to reduce risky behaviors.

### Your version

## Practice #3: Combined Practice

*Rewrite this script. Use the review checklist to verify that you have addressed all pitfalls.*

Use these OARS skills in your conversations:

* Open-ended questions
* Affirmations
* Reflections
* Summaries

Open-ended questions (i.e., questions that can’t be answered with one or two words) prompt clients to give a deeper, more thoughtful response. Clients who are asked open-ended questions are 27% more likely to feel their problem was fully understood by our staff.

### Your version

Questions? Email me at [christy@christytuckerlearning.com](mailto:christy@christytuckerlearning.com).